

SOPHIA PAPADAKIS, PhD, MHA

May 2026

CURRICULUM VITAE

ACADEMIC QUALIFICATIONS

- 1999** BSc (Honors Human Kinetics), University of Ottawa, Ottawa, ON
- 2004** MHA (Master in Health Administration), Telfer School of Management,
University of Ottawa, Ottawa, ON
- 2011** PhD, Faculty of Applied Health Sciences, University of Waterloo, Waterloo, ON

ACADEMIC APPOINTMENTS

- 2015-2025 **Adjunct Professor**, Division of Cardiology, Faculty of Medicine, University of Ottawa
- 2015-2024 **Affiliate Researcher**, Division of Prevention and Rehabilitation,
University of Ottawa Heart Institute
- 2013-2015 **Associate Professor**, Division of Cardiology, Faculty of Medicine, University of Ottawa

CAREER

- 2026-Present **Member**, WHO Collaborating Centre (WHO CC) on Quality of Care and People-Centered Health Policies, School of Medicine, University of Crete
- 2024-Present **Senior Research Associate**, Laboratory of Health and Society, School of Medicine, University of Crete
- 2023-Present **Senior Scientific Associate**, 7th Health Region of Crete, Greece
- 2018-Present **Academic & Health Systems Consultant**, National Centre for Smoking Cessation and Training (NCSCT), United Kingdom
- 2017-2023 **Senior Research Associate**, Clinic of Social and Family Medicine, School of Medicine, University of Crete, Heraklion, Greece
- 2015-2018 **Scientific Consultant**, European Network for Smoking Cessation, Brussels (remote position)
- 2015-2018 **Visiting Scientist**, Clinic of Social and Family Medicine, School of Medicine, University of Crete
- 2011-2014 **Program Director**, Champlain Cardiovascular Disease Prevention Network, University of Ottawa Heart Institute
- 2010-2014 **Program Director**, Primary Care Smoking Cessation Program, Division of Prevention and Rehabilitation, University of Ottawa Heart Institute
- 2005-2010 **Program Lead**, Champlain Cardiovascular Disease Prevention Network, University of Ottawa Heart Institute

HONOURS & AWARDS (selected)

2005, Robert Wood Johnson Award of Excellence, Canadian Association of Health Service Executives
 2024, Award for Significant Contribution to Tobacco Control, European Network on Tobacco Control

PROFESSIONAL ACTIVITIES

Professional Training:

- Doctoral Fellowship, Strategic Training Program in Tobacco Research, Canadian Institute for Health Research, 2005-2009
- Doctoral Fellowship, Population Intervention for Chronic Disease Prevention, Canadian Institute for Health Research (CIHR), 2009-2010
- Cochrane Collaboration Author's Training (R1 and R2), 2014
- Clinical Research Training Program, University of Ottawa/The Ottawa Hospital, 2014
- Health Canada Division 5 – Drugs for Clinical Trials involving Human Subjects, 2011, 2015, 2018, 2022

Board Membership:

2026-Present Scientific Committee Member, European Network for Smoking Prevention (ENSO)

Research Consortia:

2001-2005	Member, TEACH (Tracking Exercise After Cardiac Hospitalized) (PI: R. Reid)
2006-2010	Member, The Prospective Urban Rural Epidemiology (PURE) Study (PI: S. Yusuf)
2010-2016	Co-I, Ottawa Model for Smoking Cessation (OMSC), (PIs: A. Pipe, R. Reid)
2017-2019	Member, FRESH AIR (Free Respiratory Evaluation and Smoke-exposure reduction by primary Health Care Integrated Groups), Horizon 2020 (PI: NH Chavannes and Williams S)
2017-2019	Member, EPACTT-2 (PI: P. Behrakis, C. Vardavas)
2017-2020	Member, EUREST-PLUS (European Regulatory Science on Tobacco: Policy implementation to reduce lung diseases), Horizon 2020 (PI: C. Vardavas)
2023-2027	<i>EUVABECO</i> (PI: C. Lionis), https://euvabeco.eu/
2023-2026	<i>Joint Action: Transfer of best practices in primary care (CIRCE-JA)</i> (Co-PI: AM. Carriazo C. Lionis, G. Kochiadakis), https://circeja.nfz.gov.pl/
2026-2030	Scientist, <i>CITIES AT HEART</i> , Horizon (PI: Dipak Kotecha, Local PI: C. Lionis), https://www.citiesatheart.eu

RESEARCH FOCUS

Health behaviour change with a focus on tobacco dependence treatment and disease prevention. My research focusses on the design, evaluation and implementation of preventative interventions in clinical and community settings. I am interested in implementation science, including scale-up of public health interventions and the adaption of interventions to populations and settings.

PROFILES

- [Research Gate](#)
- [Loop](#)

Identifiers:

- [Scopus Author ID](#)
- [Google Scholar](#)
- [ORCID](#)

PUBLICATIONS

Life-time summary (count) according to the following categories:

Books authored	0
Books edited	2
Book Chapters and Monographs	12
Papers in <u>refereed</u> journal	77
1st Author/Supervisor/Senior Author	35
Major invited contributions and/or technical reports.....	14
Abstracts/conference proceedings.....	>70
Invited presentations (excluding standard abstract presentations at national and international meetings)	122
Citations	1,920
Research Interest Score	1,063
h-index	24

Books Edited/Book Chapters/Monographs: (*denotes a student under my supervision; †denotes senior authorship)

1. Els C, **Papadakis S**, and D Kunyk. Tobacco Management in Primary Care Settings in Disease Interrupted: Tobacco Reduction and Cessation. Els C, Kunyk D, Selby P (Eds.). Charleston, SC: CreateSpace, 2012. ISBN-10: 14679123X.
2. Kunyk D, **Papadakis S**. Tobacco Use and Addiction Management in Primary Care Settings. In Disease Interrupted: Tobacco Reduction and Cessation. Els C, Kunyk D, Selby P (Eds.). Charleston, SC: CreateSpace, 2017. ISBN:978-1-77114-385-1.
3. Behrakis P†, Vardavas C, **Papadakis S**. (Eds.). Tobacco Cessation Guidelines for High Risk Populations. Hellenic Cancer Society and European Network for Smoking Prevention, Athens, Greece, 2017. ISBN: 978-960-98654-6-3.
4. Beharakis P†, Bilir N, Clancy L, Dautzenberg B, Demin A, **Papadakis S**, Gilijam H, Trofor A, Vardavas C. (Eds.). 2017 Guidelines for Treating Tobacco Dependence. European Network for Smoking and Tobacco Prevention (ENSP), Brussels, Belgium, 2017. ISBN: 978-618-82526-6-0.
5. **Papadakis S**, Hermon Y, McEwen A†. Standard Treatment Program for Pregnant Women: A guide to providing behavioural support for smoking cessation during pregnancy and the post-partum period. National Centre for Smoking Cessation and Training (NCSCT), London, England, 2019. ISBN: 978-0-9565243-2-4.
6. Walsh H, **Papadakis S**, Ross L, and A McEwen†. Smoking cessation and cannabis use. National Centre for Smoking Cessation and Training; 2020. ISBN 978-0-9565243-7-9.
7. **Papadakis S**, Pipe A, Vlachopoulos C, Katsaounou P. *Improving the care of patients who suffer from cardiovascular diseases who smoke* in ERS Monograph: Supporting Tobacco Cessation. European Respiratory Society, 2021. ISBN: 978-1-84984-128-3. <https://www.ers-education.org/publications/monograph/?idP=248492>
8. Lewis K, **Papadakis S**, Ravara S. *Optimising health systems to deliver tobacco dependence treatment* in ERS Monograph: Supporting Tobacco Cessation. European Respiratory Society, 2021. ISBN: 978-1-84984-128-3. <https://www.ers-education.org/publications/monograph/?idP=248492>
9. **Papadakis S**, Perry M, Woodhouse A, Evison M, McEwen A. Standard Treatment Plan for Inpatient Tobacco Dependence Treatment. National Centre for Smoking Cessation and Training. National Centre for Smoking Cessation and Training, 2024. ISBN: 978-1-915481-03-0.
10. **Papadakis S**, McEwen A. Stop smoking support and services: Commissioning, service delivery, and monitoring guidance. National Centre for Smoking Cessation and Training. National Centre for Smoking Cessation and Training, 2024. ISBN: 978-1-915481-02-3.
11. Yates M, Robson D, **Papadakis S**, Perry M, Woodhouse A. Standard Treatment Plan for Inpatient Mental Health Tobacco Dependence Treatment. National Centre for Smoking Cessation and Training. National Centre for Smoking Cessation and Training, 2024. ISBN 978-1-915481-04-7
12. Royal College of Physicians (RCP). Contributing author. Smoking, health and social justice. May 2026, RCP. ISBN 978-1-86016-885-7. <https://www.rcp.ac.uk/policy-and-campaigns/policy-documents/smoking-health-and-social-justice/>

Manuscripts in Referred Journals:

*denotes a student under my supervision; †denotes senior authorship

1. Reid RD, Dafoe W, Oldridge NB, Morrin L, Mayhew A, **Papadakis S**, Beaton L, and G Wells. Impact of program duration and contact frequency on efficacy and cost of cardiac rehabilitation: Results of a randomized trial. *Am Heart J*. 2005;149:862-8. doi: 10.1016/j.ahj.2004.09.029.
2. **Papadakis S**, Oldridge NB, Coyle D, Mayhew A, Reid RD, Beaton L, Dafoe WA, and D Angus. Economic evaluation of cardiac rehabilitation: a systematic review. *Eur J Cardiovasc Prev Rehabil*. 2005;12(6):513-520. doi: 10.1097/01.hjr.0000186624.60486.e8.
3. Reid RD, Morrin L, Pipe AL, Dafoe W, Higginson L, Wielgosz A, Sharratt M, Cameron R, McDonald P, Plotnikoff R, Courneya K, Oldridge NB, Beaton L, **Papadakis S**, Slovynec-D'Angelo M, Tulloch H, and C Blanchard. Physical activity following hospitalization for coronary artery disease: The Tracking Exercise after Cardiac Hospitalization (TEACH) Study. *Eur J Cardiovasc Prev Rehabil*. 2006;13(4):529-37. doi: 10.1097/01.hjr.0000201513.13343.97
4. Reid RD, Tulloch H, Kocourek J, Morrin L, Beaton L, **Papadakis S**, Blanchard C, Riley D, and AL Pipe. Who will be active? Predicting exercise stage transitions after hospitalization for coronary artery disease. *Can J Physiol Pharmacol*. 2007;85(1):17-23. doi: 10.1139/Y07-002.
5. **Papadakis S**, Reid RD, Coyle D, Beaton L, Angus D, Oldridge N. Cost-effectiveness of cardiac rehabilitation program delivery models in patients at varying cardiac risk, reason for referral, and sex. *Eur J Cardiovasc Prev Rehabil*. 2008 Jun;15(3):347-353. doi: 10.1097/HJR.0b013e3282f5ffab.
6. **Papadakis S** and I Moroz. Population-level interventions for coronary heart disease prevention: What have we learned since the North Karelia project? *Cur Opin in Cardiol*. 2008 Sep;23(5):452-61. doi: 10.1097/HCO.0b013e32830c217e.
7. Tulloch H, Reid RD, Slovynec M, Plotnikoff R, Morrin L, Beaton L, **Papadakis S**, and AL Pipe. Predicting short and long-term exercise intentions and behaviour in patients with coronary artery disease: A test of Protection Motivation Theory. *Psychology & Health* 2009; 24(3):255-269. doi: 10.1080/08870440701805390
8. Reid RD, Pipe AL, Mullen K, Slovynec-D'Angelo M, Aitken D, and **S Papadakis**. Smoking cessation for hospitalized smokers: an evaluation of the "Ottawa Model". *Nicotine and Tobacco Research* 2010 Jan;12(1):11-8. doi: 10.1093/ntr/ntp165
9. Pipe AL, **Papadakis S**, and RD Reid. The Role of Smoking Cessation in the Prevention of Coronary Artery Disease. *Curr Atheroscler Rep*. 2010;12:145-150. doi: 10.1007/s11883-010-0105-8.
10. **Papadakis S**, Pipe AL, Moroz I, Reid RD, Blanchard C, Cote D, and A Mark. Knowledge, attitudes, and behaviours related to dietary sodium among 35 to 50 year old Ontario residents. *Can J of Cardiol*. 2010; 26(5):e164-e169. doi: 10.1016/s0828-282x(10)70384-6.
11. **Papadakis S**, McDonald P, Reid RD, Pipe AL, Mullen K, and K Skulsky. Strategies to improve the delivery of smoking cessation treatments in primary care: A systematic review and meta-analysis. *Preventive Medicine* 2010;51:199-213. doi: 10.1016/j.ypmed.2010.06.007.
12. Adamo K, **Papadakis S**, Dojeiji L, Turnau M, Simmons L, Parameswaran M, Cunningham J, Pipe AL, and RD Reid. Using Path analysis to understand parent's perceptions of their children's weight, physical activity and eating habits in the Champlain District of Ontario. *Pediatrics & Child Health* 2010;15(9):e33-e41. doi: 10.1093/pch/15.9.e33.

13. Leatherdale ST and **S Papadakis**. A multi-level examination of school and student characteristics associated with overweight among youth. *J Youth Adolesc*. 2011 Mar;40(3): 361-72. doi: 10.1007/s10964-009-9491-z.
14. McDonnell LA, Riley DL, Blanchard CM, Reid RD, Pipe AL, Morrin LI, Beaton LJ, **Papadakis S**, and ME Slovinec D'Angelo. Gender differences in satisfaction with life in patients with coronary heart disease: physical activity as a possible mediating factor. *Journal of Behavioural Medicine* 2011; 34(3):192-200. doi: 10.1007/s10865-010-9300-x.
15. Montoya L, Liddy C, Hogg W, **Papadakis S**, Dojeiji L, Russell G, Akbari A, Pipe AL, and L Higginson. Tailoring Evidence to Community Practice: Development of the Champlain Primary Care Cardiovascular Disease Prevention and Management Guideline. *Canadian Family Physician*. *Can Fam Phys*. 2011;57:e202-e207. PMCID: [PMC3114691](#)
16. Reid RD, Morrin LI, Beaton LJ, **Papadakis S**, Kocourek J, McDonnell L, Slovinec D'Angelo ME, Tulloch H, Suskin N, Unsworth K, and AL Pipe. Randomized trial of an internet-based computer tailored expert system for physical activity in patients with heart disease. *Eur J Prev Cardiol*. 2012 Dec;19(6):1357-64. doi: 10.1177/1741826711422988
17. **Papadakis S**, Aitken D, Gocan S, Riley D, *Simpson D, Laplante M, Bhatnagar-Bost A, Cousineau D, Edjoc R, Gharib M, Pipe AL, Sharma M, and RD Reid. A randomized controlled pilot study of standardized counselling and cost-free pharmacotherapy for smoking cessation among patients with stroke and TIA. *BMJ Open*. 2011 Nov 28;1(2):e000366. doi: 10.1136/bmjopen-2011-000366.
18. Teo K, Lear S, Islam S et al (co-author: **S. Papadakis**) Prevalence of a healthy lifestyle among individuals with cardiovascular disease in high-, middle- and low-income countries: The Prospective Urban Rural Epidemiology (PURE) study. *JAMA*. 2013 Apr 17;309(15):1613-21.
19. Yusuf S, Islam S, Chow CK, et. al (co-author: **S. Papadakis**). Use of secondary prevention drugs for cardiovascular disease in the community in high-income, middle-income, and low-income countries (the PURE Study): a prospective epidemiological survey. *Lancet*. 2011 Oct 1;378(9798):1231-43.
20. **Papadakis S**, McDonald P, Pipe AL, Letherdale S, Reid RD, and S Brown. Effectiveness of telephone-based follow-up support delivered in combination with a multi-component smoking cessation intervention in family practice: A cluster-randomized trial. *Preventive Medicine* 2013;56(6):390-397. doi: 10.1016/j.ypmed.2013.02.018
21. Reid RD, McDonnell L, Riley DL, Mark A, Mosca L, Beaton L, **Papadakis S**, Blanchard CM, Mochari-Greenberger H, O'Farrell P, Wells GA, Slovenic D'Angelo ME, and AL Pipe. Effect of an Intervention to Improve the Cardiovascular Health of Family Members of Patients with Heart Disease: A Randomized Trial. *Canadian Medical Association Journal* 2014;186(1):23-30. doi: 10.1503/cmaj.130550.
22. Kunyk D, Els C, **Papadakis S**, and P Selby. Tobacco Use and Dependence Treatment in Primary Care: Implementing a Clinical System Pathway in Alberta. *Canadian Family Physician* 2014;60:646-55. PMCID: [PMC4096266](#)
23. **Papadakis S**, Gharib M, Hambleton J, Reid RD, Assi R, and AL Pipe. Delivering evidence-based smoking cessation treatment: The experience of Ontario Family Health Teams. *Canadian Family Physician* 2014;60:e362-71. PMCID: [PMC4096282](#)
24. **Papadakis S**, Pipe A, Kelly S, *Pritchard G, Wells GA. Strategies to improve the delivery of tobacco use treatment in primary care practice [Protocol]. *Cochrane Database of Systematic Reviews* 2015, Issue 3. Art. No.: CD011556. DOI: 10.1002/14651858.CD011556.

25. **Papadakis S**, Pipe AL, Reid RD, Tulloch H, Mullen K, Assi R, *Cole A, Wells G. Effectiveness of performance coaching for enhancing rates of smoking cessation treatment delivery by primary care providers: Study protocol for a cluster randomized controlled trial. *Contemporary Clinical Trials* 2015 Sep 5. pii: S1551-7144(15)30070-7. doi: 10.1016/j.cct.2015.08.013
26. **Papadakis S**, Tulloch H, Gharib M, and AL Pipe. Profile of tobacco users identified in primary care practice: A cross-sectional survey. *CMAJ Open* 2016. DOI:10.9778/cmajo.20150055.
27. Vivilaki VG, Diamanti A, Tzeli M, Patelarou E, Bick D, **Papadakis S**, Katerina Lykeridou K and P Katsaounou. Exposure to active and passive smoking among Greek pregnant women. *Tobacco Induced Diseases* 2016;14:12. DOI: 10.1186/s12971-016-0077-8.
28. **Papadakis S**, *Cole AG, Reid RD, Coja M, Aitken D, Mullen KA, Gharib M, AL Pipe. Increasing rates of tobacco treatment delivery in primary care practice: Evaluation of the “Ottawa Model for Smoking Cessation”. *Annals of Family Medicine* 2016;14(3):235-243. doi: 10.1370/afm.1909
29. *Girvalaki C, **Papadakis S**†, Vardavas C, Pipe A, and C Lionis. Tobacco treatment TrAining Network in Crete (TiTAN-Crete): protocol for a controlled before-after study. *Tobacco Prevention and Cessation* 2016;2:57. DOI: <https://doi.org/10.18332/tpc/63823>
30. Lionis C, **Papadakis S**, Tatsi C, Bertias A, Duijker G, Boerma W, Schäfer W. Informing primary care reform in Greece: patient expectations and experiences (the QUALICOPC study). *BMC Health Services Research* 2017;17:255. doi: 10.1186/s12913-017-2189-0.
31. Vardavas C, *Girvalaki C, Vardavas A, Tzatzarakis M, Stoklosa M, **Papadakis S**, Behrakis P, and A Tsatsakis. Respiratory irritants in e-cigarette refill liquids across 9 EU MS: A threat to respiratory health? *European Respiratory Journal*. Dec 2017. DOI: 10.1183/13993003.01698-2017
32. *Girvalaki C, **Papadakis S**†, Vardavas C, Pipe A, and C Lionis. Smoking cessation delivery by General Practitioners in Crete, Greece. *European Journal of Public Health* 2018;28(3):542–547. doi: 10.1093/eurpub/ckx201.
33. Reid R, Malcolm J, Wooding E, Geertsma A, Aitken D, Arbeau D, Blanchard C, Gagnier J, Gupta A, Mullen KA, Paul Oh P, **Papadakis S**, Tulloch H, LeBlanc A, Pipe AL. A prospective, cluster-randomized trial to implement the Ottawa Model for Smoking Cessation in diabetes education programs in Ontario, Canada. *Diabetes Care* 2018 Mar;41(3):406-412. doi: 10.2337/dc17-1809
34. Trofor AC, **Papadakis S**, Lotrean LM, Vardavas C, Evangelopoulou V, Buculei-Porosnicu I, Vyzikidou V, Behrakis P. Tobacco Treatment Guideline in High Risk Groups: A pilot study evaluation in patients with Chronic Obstructive Pulmonary Disease. *Tobacco Induced Diseases* 2018;16:13. <https://doi.org/10.18332/tid/85944>
35. Trofor AC, **Papadakis S**, Vardavas C, Gavrilescu CM, Lotrean LM, Gavrilescu CM, Evangelopoulou V, Peleki T, Trofor L, Behrakis P. Impact of the Tobacco Treatment Guidelines in High Risk Groups (TOBG) on physician knowledge, self-efficacy, and attitudes towards smoking cessation: a pilot study. *Tob. Prev. Cessation* 2018;4(April):13. doi.org/10.18332/tpc/87090
36. **Papadakis S**, *Girvalaki C, Vardavas C, Pipe, *Cole A, Tsiligianni I, Petridou E, and C Lionis. Factors associated with rates of tobacco treatment delivery by General Practitioners in Greece: Missed opportunities for prevention? *Tobacco Induced Diseases* 2018;16:21. DOI: <https://doi.org/10.18332/tid/90822>.
37. Lionis C, Dumitra G, Kurpas D, Tsiligianni I, and **S Papadakis**. Building research capacity in rural health practice. *Australian Journal of Rural Health* 2018. <https://doi.org/10.1111/ajr.12422>
38. *Peleki T, *Girvalaki C, Lozano F, Radu-Loghin C, Nguyen D, Harutyunyan A, Bakhturidze G, Trofor A, Demin A, Stoyka O, Tsiou C, **Papadakis S**, Behrakis P, and C Vardavas. Short-term impact of the

- EuroPean Accredited Curriculum on Tobacco Treatment Training (EPACTT) program. *Tobacco Prevention and Cessation* 2018;4(july):28. doi.org/10.18332/tpc/92484
39. Fotiou A, Stavrou M, **Papadakis S**, Vardavas C, Peleki T, Vyzikidou V, Panagiotis Behrakis P, A Kokkevi†. The TOBg Tobacco Treatment Guidelines for Adolescents: A ‘real world’ pilot study. *Tobacco Prevention and Cessation* 2018;4(July):27. doi: 10.18332/tpc/93008.
 40. *Girvalaki C, †**Papadakis S**, Vardavas C, Pipe A, and C Lionis. Training primary care providers in evidence-based tobacco treatment: a controlled before-after evaluation of the Global Bridges TiTAN-Crete program. *Health Educ Behav.* 2018 Jun 1;28(3):542-547. doi: 10.1093/eurpub/ckx201.
 41. **Papadakis S**, Reid RD, Cole AG, Assi R, Tulloch H, Gharib M, Mullen K, Wells G, and AL Pipe. From good to great: the role of ‘performance coaching’ in enhancing tobacco treatment rates. *Annals of Family Medicine* 2018;16(6):498-506. doi: 10.1370/afm.2312.
 42. Hummel K, Nagelhout GE, Fong GT, Vardavas C, **Papadakis S**, Herbec A, Mons U, van den Putte B, Borland R, Fernandez E, de Vries H, McNeill A, Gravley S, Przewoźniak K, Kovacs P, Trofor A, Willemsen MC, on behalf of the EUREST-PLUS Consortium. Quitting activity and the use of cessation assistance reported by smokers in eight European countries - findings from the EUREST-PLUS ITC Europe Surveys. *Tobacco Induced Diseases* 2018;16(Suppl 2):A6. doi: 10.18332/tid/98912.
 43. **Papadakis S**, *Vyzikidou VK, Vivilaki VG, Vardavas V, Loukopoulou AN, *Peleki T, Evangelopoulou V, Behrakis P. A pilot study of the Tobacco Treatment Guidelines for High Risk Groups (TOB-G) for Pregnant and Post-Partum Women. Submitted to the European Journal of Midwifery. *Eur J Midwifery* 2018;2(November):16. DOI: <https://doi.org/10.18332/ejm/99543>
 44. Lionis C, Petelos E, **Papadakis S**, Tsiligianni I, *Anastasaki M, Angelaki A, Bertias A, Mechili EA, Papadakaki M, Sifaki-Pistolla D, E Symvoulakis. Towards evidence-informed integration of public health and primary health care: experiences from Crete. *Public Health Panorama* 2018;4(4):491-735.
 45. Petroulia I, Kyriakos CN, **Papadakis S**, *Girvalaki C, Tzavara C, Peleki T, Tountas Y, Behrakis P, Bécuwe N, Demjén T, Fernández E, Mons U, Trofor A, Przewoźniak K, Zatoński W, Fong GT, Vardavas C on behalf of the EUREST-PLUS Consortium. Patterns of tobacco use, quit attempts, quitting intentions and beliefs among smokers with anxiety or depression: Findings among six European Union Member States. *Tobacco Induced Diseases* 2018;16(2):9. doi: 10.18332/tid/98965
 46. Trofor A, **Papadakis S**, Lotrean LM, Radu-Loghin C, Eremia M, Mihaltan F, Pete D, Kyriakos CN, Mons U, Demjén T, Fernández E, Tountas Y, Przewoźniak K, McNeill A, Fong GT, Vardavas C on behalf of the EUREST-PLUS Consortium. Knowledge of the health effects of smoking and impact of cigarette warnings labels among tobacco users in six European countries - findings from the EUREST-PLUS ITC Europe Surveys. *Tobacco Induced Diseases* 2018;16(2):10. doi: 10.18332/tid/99542
 47. McEwen A, Pooler J, Lionis C, **Papadakis S**, Tsiligianni I, *Anastasaki M, An PL, Vinh NN, Binh P, Quỳnh N, Le H, Talant S, Ayzhamal DT, Beyshenbekova A, Marajopov N, and U Sheraliev. Adapting Very Brief Advice (VBA) on smoking for use in low resource settings: Experience from the FRESH AIR project. *Journal of Smoking Cessation* 2019;14:190-194. doi:10.1017/jsc.2019.4.
 48. Robinson J, McEwen A, Heah R, & **Papadakis S**. The importance of time and relationships to support smokers who find it hard to quit: a qualitative evaluation of a ‘Cut-Down-To-Stop’ intervention. *BMC Public Health* 2019;19:403. doi: 10.1186/s12889-019-6738-9.

49. Diamanti AD, **Papadakis S**, Raftopoulos V, Vivikaki V, R, Lykeridou K, Gratziou C, Katsaounou. Smoking Cessation in Pregnancy: An update for maternity care practitioners. *Tobacco Induced Diseases* 2019;17:57. DOI: 10.18332/tid/109906
50. **Papadakis S**, McEwen A & Walsh K. E-learning on Very Brief Advice on Smoking: Changes to knowledge, self-efficacy and clinical practice of general practitioners. *Smoking Britain* 2019; 7(9). <https://www.smokinginbritain.co.uk/read>.
51. Lionis C, Symvoulakis EK, Markaki A, Petelos E, **Papadakis S**, Sifaki-Pistolla D, Papadakis M, Souliotis K, C Tziraki. Integrated people-centred primary health care in Greece: unravelling Ariadne's thread. *Primary Health Care Research & Development* 2019;20(e113):1-7. DOI: 10.1017/S1463423619000446
52. *Girvalaki C, Mechili EA, **Papadakis S**, Nikitara K, Demin A, Trofor A, et al. Current practices and perceived barriers to tobacco treatment delivery among healthcare professionals from 15 European countries. The EPACTT Plus project. *Tobacco Prevention & Cessation*. 2020;6(January):6. doi:10.18332/tpc/115033.
53. *Girvalaki C, **Papadakis S**, Mechili EA, Nikitara K, Demin A, Trofor A, Lila A, Harutyunyan A, Saliadj A, Dimitrievska D, Lozano FR, Bakhturidze G, Javier Ayesta, Przewozniak K, Cattaruzza MS, Zdraveska M, Lovše M, Kilibarda B, Stoyka O, Behrakis P, Bizel P, Starchenko P, Spahija S, Radu-Loghin C, Ci. Vardavas. Impact of the ENSP eLearning platform on improving knowledge, attitudes and self-efficacy for treating tobacco dependence: An assessment across 15 European countries. *Tobacco Induced Diseases* 2020;18(40). doi:10.18332/tid/120188.
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